



15.6.22

Dear Parents / Carers,

Year 2 PSHE Curriculum

This half term, as part of our PSHE Education, Year 2 will be having their Relationships and Sex Education (RSE) series of lessons. The content of each lesson is explained below:

- Lesson 1: Your Family, My Family We will learn about different types of families, including those which may be similar or different to our own. We will learn who we can talk to if something about our family makes us unhappy or worried.
- Lesson 2: Growing up: Getting older We will learn how people have different needs as they grow older e.g. children and adults have different needs to babies. We will also explore how people take on more responsibilities as they get older e.g. getting a job, looking after family members.
- Lesson 3: Changes in people's lives We will discuss what changes a person might experience during their life and how it could make them feel e.g. a new school, a new house, a new baby in the family, a new step-parent, the death of a grandparent.
- Lesson 4: Is it OK? We will revise the NSPCC Underwear Rule and which parts of boys' and girls' bodies are private. We will discuss who we can talk to if we feel that rules around respecting people's bodies have been broken.
- Lesson 5: Pink and Blue We will discuss how we are all different and that we all like different things. We will also learn how to respect the likes and dislikes of others', even if they are not the same as ours.

If you have any questions about the content of these sessions, please don't hesitate to speak to your child's class teacher.

Yours sincerely

Year 2 Team

