

9.6.22

Dear Parent/Carer,

Parenting in the Digital World – Session for Parents/Carers

Friday 8th July 2022 at 9am and 2:15pm at HISN

We would like to invite you to attend a session for parents with a focus on Parenting in the Digital World on Friday 8th July, there will be a session at 9am and it will be repeated at 2:15pm. This session will be led by Karen Finnegan our Parent Support Advisor and will be appropriate for all parents' across HPP.

We have come through a very challenging period over the last couple of years where we have become increasingly more reliant on our use of technology in the home. We have used technology for work, learning, communication, socialising, leisure and entertaining. This increased use of screens within our homes has continued post Covid with our children spending more time than ever on devices.

As a response to this increased screen use we are offering Parents a workshop regarding the impact both positive and negative of children's use of screen time on their development, health and wellbeing. This is a great opportunity for parents/carers to understand how to more effectively manage screen time in the family home and top tips for parenting in today's digital world.

If you are unable to attend either session the slides from the session will be on the website for both schools.

Please complete the [eForm](#) by Friday 24th June if you are able to attend one of the sessions, so we can get an idea of numbers.

Yours Sincerely

The Executive Leadership Team





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