



Hampton Infant School and Nursery Termly Knowledge and Skills for PSHE and RSE – Year 1

	Autumn	Spring	Summer
<p>Year 1</p> <p>Lesson topics and learning outcomes</p>	<p><u>Topic 1 Introduction to PSHE and first topic- Caring friendships (RSE 2020)</u></p> <p>What do the Bee rules look like in these lessons? Behaviours we should see.</p> <p>1. Caring friendships</p> <p>What does being a good friend look like? Why is it important to have friends?</p> <p>2. Exploring the characteristics of friendship</p> <p>Why do I need friends? Exploring in more depth what friendship gives us. Understanding what these words mean and look like in the context of friendship: mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust.</p> <p>3. Understanding how to support friends with problems and difficulties and how we can ask for support ourselves.</p> <p>What can I do when friendships turn miserable? Exploring a range of situations that can arise and exploring all the different ways we might deal with them for ourselves and help others.</p> <p><u>Topic 2 Families and people who care for me (RSE 2020)</u></p> <p>Additional topic - Firework safety.</p> <p>1. Introduction to the topic.</p>	<p><u>Topic 1 - Respectful relationships</u></p> <p>Exploring the BEE rules for respect for HISN – what does it look like? Is respect just for grown-ups? Exploring who we should respect in school and outside of school and why. What does that look like? Eg respecting differences. What does courteous mean? Exploring what it means to have good manners.</p> <p><u>Topic 2 - Online relationships</u></p> <p>How can a computer be unsafe? Exploring the rules and principles for online safety. If I can't see someone do I still need to show them respect? Understanding the same principles apply to online relationships as to face to face relationships.</p>	<p><u>Topic 1 - Being Safe</u></p> <p>Are secrets ok? Understanding when a secret should be shared. Who can I speak to when I feel unsafe? Exploring people to go to. Can I decide who touches my body? Naming body parts.</p>



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	<p>Who do we think of when we say ‘my family’?</p> <p>2. Exploring how families are different.</p> <p>Using video resources and children’s family pictures.</p> <p>3. Why are families so important?</p> <p>To provide love, security, stability.</p>		
Skills being rehearsed	active listening, confident oral presentation and sharing of ideas using talk scaffolding, recording ideas, creative thinking, empathy and acting on BEE rules	active listening, confident oral presentation and sharing of ideas using talk scaffolding, recording ideas, creative thinking, acting on BEE rules	active listening, confident oral presentation and sharing of ideas using talk scaffolding, recording ideas, acting on BEE rules
Key Vocabulary	Friendship, caring, trust, kindness Family, love, security, stability	Respect, courteous, courtesy, good manners Online safety, face to face	Secrets, privacy, advice, unsafe
Key Knowledge and Skills The child can...	<p>Talk confidently about their own friendships and how they choose their friends.</p> <p>Talk confidently about how good a friend they are to others.</p> <p>Think creatively of ways to resolve problems with friends.</p> <p>Talk confidently about who they include in their family.</p> <p>Identify differences between their own and other children’s families.</p> <p>Talk confidently about why their family is important to them.</p>	<p>Talk confidently about why it is important to respect others including those who are different from ourselves.</p> <p>Talk confidently about the meaning of the words courteous and courtesy.</p> <p>Talk confidently about courteous behaviours I show or want to show.</p> <p>Talk confidently about why I am learning about online safety.</p> <p>Talk confidently about what I can do if I see something I do not like online.</p> <p>Talk confidently about how I should treat others online.</p> <p>Be respectful of other children’s experiences or views.</p>	<p>Talk confidently about what privacy means.</p> <p>Talk confidently about when a secret should be shared.</p> <p>Talk confidently about what it means to say ‘my body belongs to me’.</p> <p>Be respectful of other children’s experiences or views.</p> <p>Actively listen to other children’s views.</p>



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	Be respectful of other children's experiences or views. Actively listen to other children's views.	Actively listen to other children's views.	
National Curriculum links (RSE 2020)	Children are expected to: -Understand how important friendships are in making us feel happy and secure and how people choose and make friends. -Understand the characteristics of friendships including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties. - Understand that healthy friendships are positive and welcoming towards others. - Understand that families look different for different children. - Understand why families and people who care for us are so important (can give love, security and stability).	Children are expected to: -Understand the importance of respecting others, even when they are very different from them (for example physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs. (link to Religious Education) - Understand the conventions of courtesy and manners. - Understand the rules and principles for staying safe online.	Children are expected to: -Understand the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe. - Understand how to ask for advice or help for themselves or others, and to keep trying until they are heard. - Understand each person's body belongs to them.