



Nursery Weekly Newsletter – 16th December

We would like to take this opportunity to thank you all for your continued support during this first term in Nursery and for all of your Christmas wishes and the incredibly kind gifts we received. It has been a busy term getting to know all of our Nursery children and their families but we have loved seeing the children begin their learning journey here at Hampton Infants and watching them grow in confidence whilst at school. We hope you have a wonderful and safe Christmas with loved ones and wish you all a very Happy New Year. We look forward to welcoming everyone back in January.

Please see below a brief summary of what your child will be up to at school when we return after Christmas as well as a few reminders. If you have any questions, please email office.hisn@hpp.school and we will get back to you as quickly as possible.

We will be supporting the children in:

- Managing our toileting needs independently
- Learning how to use our words to express our feelings and needs
- Developing our friendships across the Nursery
- Recapping rules and settling back in to routines in our classroom/garden
- Taking responsibility for our belongings and where things belong in our environment
- Learning how to use the Nursery resources and discovering through play and exploration

The ZONES of Regulation

We use the Zones of Regulation to help us to identify what we are feeling and ways in which we can handle our emotions. Please see the image for information about the coloured zones and the feelings they represent.

Blue Zone Sad Bored Tired Sick	Green Zone Happy Focused Calm Proud	Yellow Zone Worried Frustrated Silly Excited	Red Zone overjoyed/Elated Panicked Angry Terrified

What festive things have you enjoyed at Nursery?
How can we show others we care at Christmas?
What do we need to prepare for Christmas?

Time to talk: We know how important talking at home is for exposing children to a wide range of vocabulary and ideas. This not only helps them with their reading and to become future writers, but also supports the children when expressing themselves. An idea this week is to talk about all things Christmas. You can support your child's language development by modelling correct pronunciation and grammar to them and encouraging them to speak in full sentences.



Week beginning 4th January

- In maths we will be looking at the abstraction principle of counting. This involves children understanding that anything can be counted including things that cannot be touched including sounds and movements. When starting to count many children rely on touching the objects in order to count accurately. You can support your child with this concept at home by counting claps or jumps.
- In phonics we are working on our listening skills. We are focusing on general sound discrimination and are working on our ability to tune into sounds, listen to and remember sounds and talk about sounds we hear.

Some important information and reminders:

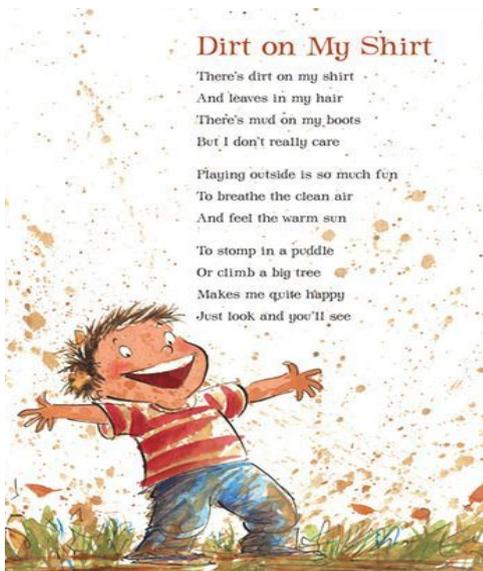
- **Wednesday 4th January:** Children back to school.
- **Hand hygiene:** Please spend some time at home reinforcing the importance of hand hygiene with your child and modelling to them how to wash and dry their hands. In addition, please show your child how to cover their mouths when coughing and talk to them about using a tissue when sneezing.
- **Sensory/messy play resources:** The children love sensory and messy play activities and we are often in need of ingredients. If you are happy to donate any of the following we would really appreciate it: salt, plain flour, vegetable oil, bicarbonate of soda, baking powder, food colouring. Thank you.
- **Spare change of clothes:** We are running low on the spare clothes we have sent home when children have needed to be changed. Please ensure that they are washed and returned to us as soon as possible. We ask that you keep a spare change of clothes in your child's book bag at all times should we need to use them. Thank you.
- **Zips and gloves:** We have spent lots of time talking to the children about our bee rules recently and particularly about being responsible and believing in ourselves with a positive, 'can do' attitude. Please spend some time at home modelling to your child how to do up their zip on their coat and putting on gloves independently. Please encourage your child to take responsibility for their belongings and ensure all clothing is clearly labelled. Thank you.
- **Dropping off and collecting your child:** Please note the times for morning Nursery are 8.30-11.30 and afternoon Nursery times are 12.30-3.30. Please ensure you arrive promptly and on time as arriving late is unsettling for the children. We ask that you drop your child off at the door and leave promptly afterwards. Whilst we are settling the children it can be very distressing for them to see parents lingering or watching on. It is also overwhelming for children when lots of adults are standing in the walkway by the nursery door to the classroom. We thank you for your support and cooperation with this.
- **End of the day pick up:** Whilst we are learning to match the children to the correct adult, please be patient. When you reach the front of the line please ask for your



child by name - this will help to support us as we learn to match adult faces to their child. Thank you.

Things to bring to school:

- **Raincoat** - just a little reminder that your child should come to school with a **coat each day** as we are always out in the garden even if it is raining.
- **A pair of wellies** - we ask that each child bring a pair of wellies to school (labelled with their name) which will be left at Nursery so that during the wet months the children have appropriate footwear whilst in the garden.
- **Water bottle** - please make sure these are named and are filled with water only.
- **Red School Book bag** - please make sure these are named.
- **Spare change of clothes:** Please remember to send in a **labelled, spare change of clothes to be kept in your child's book bag**. Providing clothes from home ensures that your child feels more comfortable as the uniform/underwear belongs to them and fits them correctly should they need to be changed.
- **Labelling belongings:** Please be reminded to label **all** of your child's belongings including coats, cardigans, jumpers, hats and water bottles.
- **Nursery Amazon wish list:** We have begun to receive resources from our Amazon wish list and would like to say a big THANK YOU to our families for helping us to improve our learning environment. The children have already begun to benefit from the resources you have purchased and we are so incredibly grateful to you for supporting us in improving the children's learning experiences at school. We would love to receive any of the items on our wish list and want to take this opportunity to thank you in advance for any purchases you make.
- **Milk list:** At snack time, there is an option for your child to have milk free of charge. If you would like your child to be on the milk list, please go to the 'Cool Milk' website and register your child. If you register before 5pm on a Tuesday, your child will start receiving milk from the following week. Please follow this link for more information: <https://www.coolmilk.com/parents/>



Play in the Nursery: Play is a fundamental part of our approach to Early Years here at Hampton Infant School and Nursery. We offer the children opportunities to explore, get messy, make, create, move, discover, experiment, talk and more. Our mud kitchen, sand and water provision are popular places in our Nursery and offer a huge range of learning opportunities. Your child's clothing may get wet, dirty or a little messy in the process of learning but it helps to show you what your child has been engaged with and learning whilst at Nursery. We thank you for your support and understanding in this.