



## Hampton Junior School

### A MESSAGE FROM THE HEAD OF SCHOOL

Thank you to all the parents who have attended the 'Meet the Teacher' sessions this week and last week. Hopefully you found the sessions informative and helpful to support your child. Please do speak with your class teacher if you have any further questions. The presentation slides will be available on the school website in the coming days.

We are looking forward to a number of visits in the coming weeks. Throughout the year, some year groups may appeal for parent volunteers. If you would like to register your interest to volunteer for helping on a visit or for in school volunteering, please contact the school office. There will be a meeting to discuss this on Wednesday 22nd September at 9am and Thursday 23rd September at 2pm so please advise which date is more suitable for you to attend.

Have a good weekend.

Mr Tidd

### HJS PRINCIPLES

Each month the school will focus on a different principle.

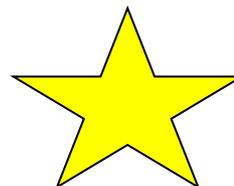
This month is:



### STARS OF THE WEEK



- 3E— Xavier Goodwin
- 3H— Lionel Deda
- 3M— Harry Brock
- 3S— Thalia-Rose Rahman
- 4B - Lacey Gill
- 4M— Charlie McCrum
- 4W — Jaya Kaur
- 4G— Amelie Augustus
- 5N— Anton Aina
- 5P— Neil Menon
- 5H— Anabel Stradling
- 5B— Edward Gillett
- 6GK — Ethan McStea
- 6C — Daisy Jones
- 6S— Maxwell Maryathash



# MESSAGES FROM THE OFFICE

## School Labels

Please can you ensure that your child comes to school with all uniform named. We will always endeavour to return all items which are named but if unnamed it will not make its way back to your child and go into lost property.



## Registers

Registers are taken promptly at 8.45 each morning. If your child arrives after this time and there is no teacher on the gate they **MUST** enter via the school office so that we can mark them in.

## Emails to Teachers/ changes to pick up

When emailing the school please can you ensure that you put your child's class in the email heading so that this can be forwarded on promptly.



If your child has a club on a certain day they are now allowed to wear PE kit to school even if it isn't their allocated PE day. If your child has a club in the morning and it is not their PE day, they are allowed to come into school in their PE kit and remain in their kit for the rest of the day. For any clubs after school the children will be given a chance to get changed

## Yr5 and Yr6 Letters

Please ensure you have read the Yr6 letter regarding the residential visit (this is also on the website under Yr6 letters) and the kit list/departure information for the Yr5 Juniper Hall visit next week (also on the website).



In line with general inflation, the prices of school meals will increase from £2.30 to £2.40 per day. This is our first increase since 2019. As we hear on the news daily, food prices have been increasing steadily due to increased transportation costs and production issues caused by disruption of staff self isolating. The school bore the brunt of this last year, but unfortunately it is no longer sustainable to do so. We are confident however that children and parents alike will be pleased with the new options provided by our new service provider, Caterlink.



## Art Competition

### Design a Praise Postcard!

At HJS, one way we celebrate achievements is by sending home a praise postcard.

This competition is to design a new postcard!



Winning entries will be printed as postcards and sent home to HJS families to recognise great achievements in school.

Your design must:

- Be on A4 paper, landscape orientation
- Have the entire surface of the paper coloured, with felt pens only (no coloured pencil)
- Reflect the school values and ethos (e.g. the logo, 'Bee' rules, HJS principles, 'Be the best you can be')
- Include your full name and class on the back, in pencil

Designs must be submitted to Ms Newton by Friday 1<sup>st</sup> October.  
Good luck!



## **Mental Health and Well Being – Developing a Growth Mindset**

At Hampton Junior School, we understand that the emotional wellbeing of children is just as important as their physical health. Positive mental health allows children and young people to develop the resilience to cope with whatever life throws at them and grow into well-rounded, healthy adults.

At HJS, we aim to support mental health and wellbeing through developing a growth mindset. Having a 'Growth Mindset' enables children to see failure and mistakes as opportunities for learning. This attitude helps them develop resilience and ultimately makes them more likely to succeed. Having a growth mindset means that children will become better learners, better equipped for facing challenges and learning how to work through problems.

Our focus over the next couple of weeks is, 'Changing our mindset with our words':

### **MY GROWTH MINDSET STATEMENTS**

I can **CHANGE** my **MINDSET** with my **WORDS!**



#### **INSTEAD OF:**

I am not good at this.  
I am great at this.  
This is too hard.  
This is too easy.  
I am afraid I will make a mistake.  
I give up.  
I can't do this.  
This is good enough.  
I won't try because I might fail.  
I am not as smart as my friend.

I am not good at this **YET**, but I will learn.  
I practiced and learned how to do this.  
This will require effort and finding the right strategy.  
How can I make this more challenging?  
When I make a mistake, I will learn from it and get better.  
I will succeed if I put forth effort and find a better strategy.  
I need some feedback and help from others.  
Is it my best work? Can I improve it?  
If I fail I can try again until I succeed!  
I am in charge of how smart I am because I can grow my brain by learning hard things!



#### **I CAN SAY:**

We will keep you updated via New Notes with how we are promoting growth mindset around school and with any resources we think you may find useful. In the meantime, if you wish to find out more about what growth mindset is and how you can help develop a growth mindset, you may find this link useful:

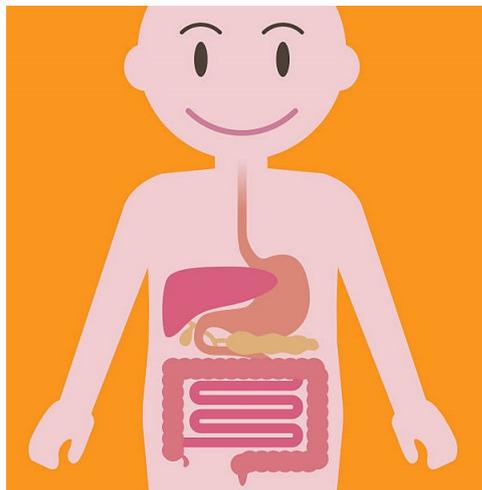
<https://www.mindsetkit.org/growth-mindset-parents>

Best wishes,

Thea Woolf  
PSHE Co-ordinator



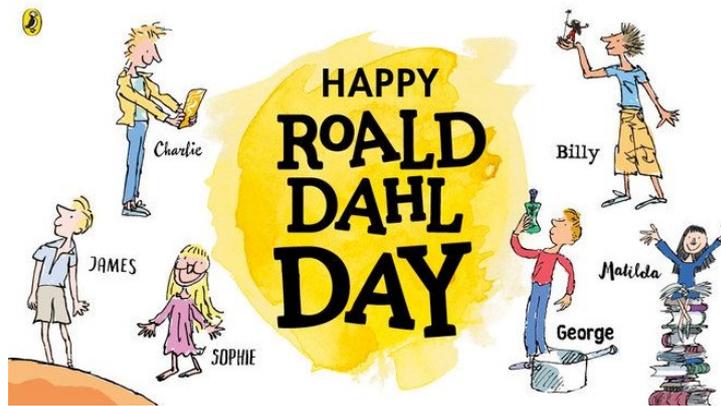
**4W Exploring the Digestive System**





4G looked at the digestive system and how we digest food. We used a zip lock bag as the stomach, a pair of tights as the small intestine, green water as





Wren's perilous potion for cheering people up

Throw in a worm that will do a wiggle

and that's how you make a person giggle.

Add some milk from a calf to make them laugh,

and some water from the Nile to make them smile.

Drop in a leaf from an oak to make a funny joke.

Throw in a knuckle to make them chuckle.

Drop in their favourite food

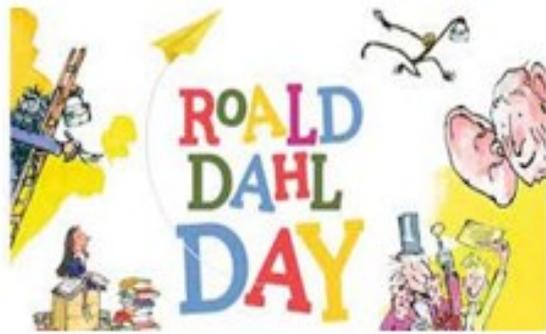
to put them in a good mood.

And Boom! The potion is complete!

By Wren 4W



**5N received the fruit basket last week—big thank you to Waitrose for  
supplying this for the children.**



Monday 13<sup>th</sup> September 2021



Dear Parent / Carer



The Hampton Junior School Amazon Wishlist has been updated! It's a great way to show support of the amazing staff at HJS. Of course, as always, purchasing items from the wishlist is completely voluntary. We ask that if you do purchase an item that you use "gift options" if available to note the teacher the item is being purchased for. Gift options won't always be available, so we also ask that you send an email to the [info@](mailto:info@) address for the school letting the front office know what has been ordered and who it is for so it can be properly distributed once it arrives. When you order an item, you are using your personal Amazon account but the item is being sent to the school. It's simple! Please consider using [smile.amazon.uk](https://smile.amazon.uk) whenever you make Amazon purchases, as it's an easy way to donate a portion of your spending to HJS (if you select them as your choice).

In these ever-changing times, teachers are requesting items such as tripods and webcams that may make home learning easier to accommodate live sessions as well as wipes to sanitise items at school. There are many great items on the wishlist that are needed for all children once they return as well and for the children now at school, so please feel free to browse the wishlist using the link below:

#### [Hampton Junior School Amazon Wishlist](#)



**Outee 20 Pcs Pencil Grips Holder Pen Writing Grip Posture Correction Tools for Kids, 2 Design**

★★★★★ 5  
£8.99 prime

Item added 9 October 2019

Add to Basket

[Buying this gift elsewhere?](#)

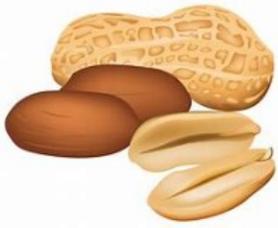
*"Miss Harden, Year 3: 2 styles of pencil grip to help develop the tripod pencil grip and improve handwriting in year 3. "*

We appreciate your support very much.

Thank you for your continued support,

Patrick Tidd

Head of School



# **NUT AWARE SCHOOL**

We would like to remind you that Hampton Junior School is a nut aware school. We have a number of children with life threatening nut allergies and having these products in schools puts them at risk.

If you are sending in a packed lunch be aware.

Please do not send any products containing nuts into school with your child.

- Pesto
- Hummus
- Sesame seeds
- Sushi
- Nutella products
- Kinder products
- Cereals and granola bars which may contain nuts
- Grain breads / crackers that may include nuts
- Nut butters: Including almond, cashew, peanut
- Nut pastes: marzipan, almond paste, nougat
- Nut oils: cold-pressed or expressed peanut oil
- Nut extracts: almond extract
- High energy bars which may contain nuts
- Mortadella—Italian ham which may include pistachios

**Always check food labels**

