

## Helping children with friendships

The 'Helping Children with Friendships' webinar will help you support your child in developing friendship skills: learning to communicate better, repair difficulties, and negotiate solutions when relationships between peers are tricky.

### What will the 'Helping Children with Friendships' webinar cover?

- What friendships are and how do they change over time?
- Why are friendships important?
- How as parents/carers you can support your children with friendships.



### When will the webinar take place?

The webinar will take place on 4 different dates and times.

Date	Time	Duration	Sign up link
15 November 2023	6pm	75 minutes	<a href="#">15th &amp; 17th November MHST Workshop: Helping Children with Friendships Sign up form</a>
17 November 2023	9am	75 minutes	<a href="#">15th &amp; 17th November MHST Workshop: Helping Children with Friendships Sign up form</a>
18 April 2024	6pm	75 minutes	<a href="#">MHST workshop: Helping children with friendships 18/4/24</a>
19 April 2024	9am	75 minutes	<a href="#">MHST workshop: Helping children with friendships 19/4/24</a>

\*All Webinars are 60 minutes long, with 15 minutes at the end for questions and answers.

**\*Please have a pen and paper handy for the webinar.**

### How to sign up

Parents and carers can sign up for the webinars by clicking on the sign-up links in the table above. This will take you to a Google Form where you will need to provide your email address, the school your child attends, and the year group your child is in.

### Who to contact

If you have any questions, please contact your school who will direct your query to the allocated MHST practitioner.