

Helping children with challenging behaviours

Children often communicate their needs through their behaviours. The 'Helping Children with challenging behaviours' webinar will help you to learn about the different factors that can impact children's behaviours, build or strengthen positive relationships by reinforcing the importance of giving positive attention. You will also learn strategies to establish home rules and boundaries to create a safe and structured environment for your child/ren.

What will the 'Helping Children with challenging behaviours' webinar cover?

- The different factors influencing children's behaviours
- Strategies to build positive relationships and encourage prosocial behaviours
- Evidence-based techniques to reduce undesirable behaviours
- Emotional regulation



When will the webinar take place?

The webinar will take place on 4 different dates and times.

Date	Time	Duration	Sign up link
6 December 2023	6pm	75 minutes	6th & 8th December MHST Workshop: Helping Children with challenging behaviour Sign up Form
8 December 2023	9am	75 minutes	6th & 8th December MHST Workshop: Helping Children with challenging behaviour Sign up Form
16 May 2024	6pm	75 minutes	MHST workshop: Helping children with challenging behaviour 16/5/24
17 May 2024	9am	75 minutes	MHST workshop: Helping children with challenging behaviour 17/5/24

*All Webinars are 60 minutes long, with 15 minutes at the end for questions and answers.

***Please have a pen and paper handy for the webinar.**

How to sign up

Parents and carers can sign up to the webinars by clicking on the sign up links in the table above. This will take you to a Google Form where you will need to provide your email address, the school your child attends, and the year group your child is in.

Who to contact

If you have any questions, please contact your school who will direct your query to the allocated MHST practitioner.