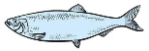
WEEK ONE 19 Sep 10 Oct	Option 1	Beef Meatballs in Tomato Sauce with Spaghetti	Mediterranean Chicken with Rice	Pork Sausage, Roast Potatoes & Gravy	Chinese Chicken Curry with Rice	Fish Fingers with Chips & Tomato Sauce
	Option 2	Spanish Omelette with New Potatoes	Vegetable Lasagne	Wholemeal Cheese Pasta Bake	Sweet & Sour Noodles	Vegan Mexican Roll, Chips & Tomato Sauce
	Option 3	Jacket Potato with Tuna	Ham Baguette	Jacket Potato with Cheese	Cheese & Salad Pitta	Jacket Potato with Baked Beans
	Vegetables	Carrots	Sweetcorn	Cabbage Broccoli	Green Beans Carrots	Peas Baked Beans
	Dessert	Carrot & Courgette Cake with Custard Yoghurt / Fresh Fruit	Apple & Raisin Flapjack Yoghurt / Fresh Fruit	Peaches & Ice Cream, Yoghurt / Fresh Fruit	Pear & Chocolate Upside Down Cake Yoghurt / Fresh Fruit	Ice Cream
WEEK TWO 5 Sep 26 Sep 17 Oct	Option 1	Macaroni Cheese	Spaghetti Bolognaise	Roast Chicken, Roast Potatoes, Stuffing & Gravy	Chef James Chicken Jollof Rice	Fish Fingers with Chips & tomato Sauce
	Option 2	Cauliflower Curry with Rice	Vegan Spaghetti Bolognaise	Vegetarian Sausages, Roast Potatoes & Gravy	Courgette Layer Bake	Cheese & Bean Pasty with Chips
	Option 3	Jacket Potato with Tuna	Ham & Cheese Wrap	Jacket Potato Bar Baked Beans, Tuna or Cheese	Tuna Mayonnaise & Sweetcorn Roll	Jacket Potato with Baked Beans
	Vegetables	Green Beans Sweetcorn	Carrots Broccoli	Cauliflower Peas	Broccoli Sweetcorn	Peas Baked Beans
	Dessert	Apple & Berry Crumble with Ice Cream Yoghurt / Fresh Fruit	Lemon Drizzle Cake Yoghurt / Fresh Fruit	Fresh Fruit & Yoghurt Station	Chocolate & Beetroot Brownie & Chocolate Sauce Yoghurt / Fresh Fruit	Chocolate Shortbread
WEEK THREE 12 Sep 3 Oct	Option 1	Chicken Pizza	Chicken Tikka with Rice	Roast Chicken, Roast Potatoes & Gravy	Port Sausage Hot Dog with Potato Wedges	Fish Fingers with Chips & Tomato Sauce
	Option 2	Cheese & Tomato Pizza	Vegetable Enchiladas with Rice	Cheese & Tomato Whirl, Roast Potatoes & Gravy	Vegan Sausage Hot Dog with Potato Wedges	Cheese Frittata, Chips & Tomato Sauce
	Option 3	Jacket Potato with Tuna	Egg Mayonnaise Roll	Jacket Potato with Cheese	Cheese Baguette	Jacket Potato with Baked Beans
	Vegetables	Green Beans	Sweetcorn	Carrots Broccoli	Sweetcorn	Peas Baked Beams
	Dessert	Lemon & Mixed Berry Cake Yoghurt / Fresh Fruit	Apple Pie with Cream Yoghurt / Fresh Fruit	Raspberry Jelly & Mandarins Yoghurt / Fresh Fruit	Pineapple Cake with Custard Yoghurt / Fresh Fruit	Ice Cream

Added Plant Power

Vegan

Wholemeal



Oily Fish

Available Daily

- Organic Yoghurt and Fresh Fruit
- Bread Freshly Baked on Site Daily
- Daily Salad Selection