



### A MESSAGE FROM THE HEAD OF SCHOOL

As we come to the end of the third week at school, I would like to thank the children and parents of HJS for being so supportive during the opening of the school to all pupils. There has been many positives and as we continue to learn, we will also continue to adapt, hopefully improving systems and procedures. The staggered drop off and pick up times have been working effectively however, we would like to make a slight change to the pick-up times for year 4 and year 5 starting next week. Please see the new times below but as you can see we have just made them all 5 minutes early. We hope that this will help some parents where there are longer waiting times. After half term we will then rotate the classes in each year group.

An increasing number of pupils are cycling to school. If your child is cycling please ensure that they have completed the schools relevant form and that they wear a helmet.

### **Covid Testing Update**

As with all schools, we have had a number of children and parents that have been tested for Covid 19 as they have displayed mild symptoms. I am pleased to say that ALL TESTS HAVE COME BACK NEGATIVE and we will continue to follow the measures in place to keep you and your children safe.

**Mr. James**

### **Year 4**

Drop off

8.45am - 9.00am via the main gate on Percy Road

Pick up

3.15pm 4W and 4DA to be collected from the front playground

3.20pm 4C and 4G to be collected from the front playground

### **Year 5**

Drop off

8.45 - 9.00am via the vehicle gates on back playground

Pick up

3.10pm 5P to be collected from the back playground

3.15pm 5N to be collected from the back playground

3.20pm 5H to be collected from the back playground

### HJS PRINCIPLES

Each month the school will focus on a different principle.



This month is:

### STARS OF THE WEEK

3E	<b>Harry Bridgeman</b>	★
3H	<b>Amelie Augustus</b>	
3MA	<b>Laiba Foiz</b>	★
3S	<b>Harley Layden</b>	
4C	<b>Frank Atkins-Richardson</b>	
4DA	<b>Aida Ali</b>	
4G	<b>Violet Anderson</b>	
4W	<b>Charlie Gray</b>	★
5H	<b>Harrison McGregor</b>	
5N	<b>Charlie Rhodes</b>	
5P	<b>Oscar Sparks</b>	
6G	<b>Bradley Rutter</b>	★
6M	<b>Sofia Burton</b>	
6S	<b>Lily Fullicks</b>	

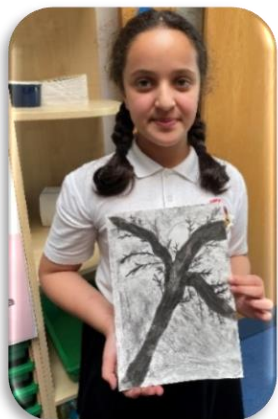
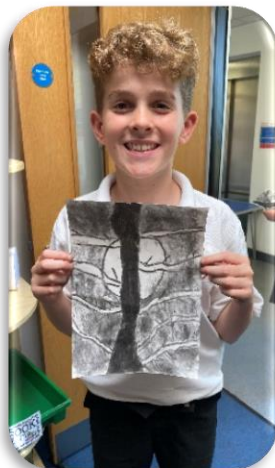
### EXCELLENCE CERTIFICATES

The following children were presented with a special '**Excellence**' certificate in assembly.

3E	<b>Harry Whitelock</b>
3H	<b>Thomas Stanley</b>
3MA	<b>Albie Evans</b>
3S	<b>Brooke Tiller</b>
4C	<b>Lauren Richardson</b>
4DA	<b>Florence Mason</b>
4G	<b>Mason Smith</b>
4W	<b>John Wilkinson</b>
5H	<b>Tommy Leader</b>
5N	<b>Ona Farres-Valero</b>
5P	<b>Jack Chamberlain</b>
6G	<b>Keelan Thomas</b>
6M	<b>Adam Akhtar</b>
6S	<b>Aran Welkers</b>

# ROALD DAHL DAY

Using charcoal, paint and chalk to recreate a Moonlit Scene from the BFG's- Witching Hour!



We completed Roald Dahl maths challenges on Roald Dahl day. Some of us managed to use clues to order George's medicine bottles. We also calculated the value of each of his characters.



We've loved reading his books! Now we know more about Roald Dahl and have created our own biographies.

# ART DISPLAYS AROUND THE SCHOOL

HJS is looking wonderful thanks to our incredibly creative children.



## HJS PARENT SUPPORT ADVISOR

Karen Finnegan

Top tips for helping children with returning to school

- **Routines** - Keep regular and consistent family routines. Sleep is really important and children need to return to their normal sleep routines. A good night's sleep helps with minimise anxiety and improve concentration and memory.
- **Talk** - Talk about school and acknowledge any worries your child may have.
- **Time** - Set aside time for your child and make yourself available to do something they enjoy.
- **Coping Strategies** - If they are anxious or worried model ways of coping yourself such as exercise, breathing techniques and sharing worries and feelings.
- **Stay Positive** - Look at the positives such as seeing all their friends at school and assure them that they are safe at school and things will return to normal eventually.

If you need any support or advice please feel free to contact me through your child's Class Teacher or via email:

[kfinnegan@hampton-jun.richmond.sch.uk](mailto:kfinnegan@hampton-jun.richmond.sch.uk)

## MENTAL HEALTH AND WELL BEING

It is wonderful to see how well all the children have settled back to school. It is a joy to hear them playing and sense the buzz around our school. We continue to be aware, however, that it has been a difficult few months and we understand that may cause you or your child some worries and anxieties.

At Hampton Junior School, we understand that the emotional wellbeing of children is just as important as their physical health. Positive mental health allows children and young people to develop the resilience to cope with whatever life throws at them and grow into well-rounded, healthy adults.

Mrs Woolf and Mrs Aarons are delighted to be taking part in training with 'Place to Be' this term to become 'Mental Health Champions'. We are looking forward to bringing new ideas to HJS for supporting positive mental health. As well as our full PSHE teaching programme, we have introduced 'Well Being Boxes' into each classroom which are a tool box of short daily activities (ranging from Tai Chi to chair yoga, mindfulness and visualisation activities) to support well-being. We hope you get to hear about some of these at home!

We also have a new initiative to encourage the children to nurture a growth mind-set. Every week, each class takes part in a 10 minute activity to develop resilience. Following on from the activity, a quote is put up on the board so that every opportunity is taken throughout the week to draw upon the skill in practical situations, which may arise.

Additionally, we are looking forward to 'Positive Thinking Week' in November when we hope to be able to welcome visitors to provide workshops for the children.

We will keep you updated each week via New Notes with what's happening around school and with any resources we think you may find useful. In the meantime, if you wish to find out more about how you can support your child's mental health at home, you may find these links useful:

<https://www.nhs.uk/oneyou/every-mind-matters/childrens-mental-health>

<https://learning.nspcc.org.uk/child-health-development/promoting-mental-health-wellbeing>

Best wishes,

**Thea Woolf and Sarah Aarons**

## Art Competition Design a Praise Postcard!

### Competition Time!

Look out for the flyer sent home with these News Notes on how to enter our Design a Praise Postcard competition.

These postcards are one of the ways that we celebrate achievements at HJS.

The deadline for designs is Friday 16<sup>th</sup> October. Please return to your class teacher.

### DATES FOR YOUR DIARY

<b>SEPTEMBER</b>		
<b>OCTOBER</b>		
Thursday 1 <sup>st</sup>	National Poetry Day	
	Parent rep meeting with Mr James	<b>9.15am -Virtual</b>
Monday 5 <sup>th</sup>	Individual photographs	
Tuesday 6 <sup>th</sup>	FoHJS Sponsored Walk by class, day 1 of 2-Oldfield Road	<b>Details to follow</b>
Wednesday 7 <sup>th</sup>	FoHJS Sponsored Walk by class, day 2 of 2-Oldfield Road	
Monday 12 <sup>th</sup>	Mapping and Orienteering workshops	<b>Years 3 and 6</b>
	Mapping and Orienteering workshops	<b>Years 4 and 5</b>
Monday 19 <sup>th</sup>	Flu Immunisations	

### SGN-GAS NETWORK UPGRADE IN ASHLEY ROAD, HAMPTON

The project involves the essential replacement of the old metal gas main, with a new plastic pipe.

**In consultation with Richmond upon Thames Council, they'll start their project on Monday 28 September and expect to last approximately three weeks.**

The engineers will be working in Station Approach and this will include the respective junctions with Ashley Road, Milton Road, Wensleydale Road and Tudor Road. To ensure everyone's safety they will need to install temporary multi-way lights around our work area.

It will be necessary to suspend parking bays where Ashley Road and Milton Road meet, for the duration of the project.

For any enquiries contact:

**Nicole McNab**

**Stakeholder and Community Manager**

M: 07583 111 246

E: [Nicole.mcnab@sgn.co.uk](mailto:Nicole.mcnab@sgn.co.uk)

SGN, St. Lawrence House, Station Approach, Horley, RH6 9HJ

sgn.co.uk

### Share your views about Community Safety

Do you have something to say about Community Safety in your local area? You are invited to join the Council and Police in Community Conversation, share your ideas on local priorities in a series of virtual community engagement events.

The local event for your area is:

Hampton/Hampton North, 1<sup>st</sup> December. [Register](#)

Please see attached flyer.