# WHAT'S FOR LUNCH THIS AUTUMN/WINTER?

### Caterlink is an award-winning food service provider catering for primary schools across the country.

We are passionate about providing your children with freshly prepared school lunches that are true to our fresh food heritage. All our menus are nutritionally analysed to ensure they meet and, in most cases, exceed The School Food Standards set by our nutrition team. We are committed to constantly reviewing our menus and recipes to ensure they are healthy. We have reduced sugar in our desserts to below the 6.5g recommendations by Public Health England and have been recognised as leading the way by SUGAR SMART UK. We have also introduced a number of plant-based recipes to our menus and meat free days to support the sustainability aspects of our offer.

## KEEP IN TOUCH

You can keep up to date with what's going on by visiting our web site

### https://caterlinkltd.co.uk/my-caterlink

to find the latest news and information about our upcoming theme days and our current menus. You can also get in touch through our Contact Us page. We appreciate all feedback on our service.

# UNIVERSAL INFANT FREE SCHOOL MEALS

Don't forget if your child is in Reception, Year 1 or Year 2, they can enjoy a meal each day without charge, irrespective of income. However, you still need to register if you are entitled to Free School Meals. This is important and helps schools funding.

### FREE SCHOOL MEALS

Low Income - Are you missing out? To check if you are entitled to Free School Meals entitlement ask at your school office.

### RECRUITMENT

We are always looking for new talented team members, if you are interested in joining Caterlink or becoming an apprentice visit us through our web site.

https://caterlinkltd.co.uk/jobs-careers/ or email hrsupport@caterlinkltd.co.uk

### ALLERGY INFOMATION

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.







Hampton Infants Autumn/Winter 2025-2026		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Option One	Macaroni Cheese	BBQ Chicken Pizza with Potato Wedges	Roast Chicken, Stuffing, Roast Potatoes and Gravy	Pork Sausage Pasta Bake with Garlic Bread	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce
03/11/2025 24/11/2025 15/12/2025	Option Two	Tomato Sauce with Pasta	Cheese & Tomato Pizza with Potato Wedges	Vegetarian Wellington with Roast Potatoes and Gravy	NEW BBQ Vegan Sausage Pasta with Garlic Bread	Cheese and Bean Pasty with Chips and Tomato Sauce
19/01/2026 09/02/2026 09/03/2026	Option Three	Jacket Potato with a choice of toppings	Ham Baguette	Jacket Potato with a choice of toppings	Cheese Wrap	Jacket Potato with a choice of toppings
07/03/2020	Dessert	Cheese and Crackers	<b>NEW</b> Apple Crumb Cake with Custard	Fruit Medley	Jelly with Mandarins	Syrup Sponge with Custard
WEEK TWO	Option One	Classic Spaghetti Bolognaise	Chicken & Sweetcorn Pizza with Potato Wedges	BBQ Chicken with Seasoned Potatoes and Sweetcom Salsa	Meatballs in Tomato	Fishfingers with Chips & Tomato Sauce
10/11/2025 01/12/2025 05/01/2026 26/01/2026	Option Two	Tomato Sauce With Pasta	Cheese & Tomato Pizza with Potato Wedges	CHICKEN SHACK BBQ Quorn with Seasoned Potatoes and Sweetcom Salsa	Vegan Plant Balls in Tomato Sauce with Rice	Cheese Whirl with Chips and Tomato Sauce
23/02/2026 16/03/2026	Option Three	Jacket Potato with a choice of toppings	Cheese Baguette	Jacket Potato with a choice of toppings	Ham Wrap	Jacket Potato with a choice of toppings
10/03/2020	Dessert	<b>NEW</b> Gingerbread Cookie	Banana Sponge with Custard	Fruit Salad	Sticky Toffee Apple Crumble with Custard	Vanilla Shortbread
WEEK THREE	Option One	Vegetarian Lasagne	Beef & Red Pepper Pizza with Potato Wedges	Sausage with Roast Potatoes and Gravy	NEW Chicken Enchilada Bake with Rice	Fishfingers with Chips & Tomato Sauce
17/11/2025 08/12/2025 12/01/2026	Option Two	Tomato Sauce with Pasta	Cheese & Tomato Pizza with Potato Wedges	Vegan Sausage and Roast Potatoes and Gravy	<b>NEW</b> Chefs Special Vegan Curry with Rice	Mexican Bean Sausage Roll with Chips & Tomato Sauce
02/02/2026 02/03/2026	Option Three	Jacket Potato with a choice of toppings	Ham Baguette	Jacket Potato with a choice of toppings	Cheese Wrap	Jacket Potato with a choice of toppings
23/03/2026	Dessert	Oaty Cookie	Pear Crumble with Custard	Fruit Salad	<b>NEW</b> Jamaican Ginger Cake with Custard	Cornflake Tart

### **MENU KEY**



Added Plant Protein



Vego



Chef's Special

### **Available Daily:**

- 2 Types of Side Vegetables
- Bread Freshly Baked on Site
- Daily Salad Selection
- Fresh Fruit and Yoghurt



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